



Free health advice, anytime day or night

What is 1800MEDICARE?

1800MEDICARE is a free phone line for health advice. You can call any time, day or night, weekends too. It's for everyone in Australia. It's FREE. You don't need a Medicare card. You don't need money. You don't need a doctor's referral.

When to call

Freecall 1800 633 422 for free health advice and support whenever you need it. When you ring 1800MEDICARE, a registered nurse picks up.

They'll listen, ask some questions about how you're feeling, and help you work out what to do next.

Who can call?

Anyone in Australia. You can call:

- for yourself
- for your kids
- for an Elder, parent, or family member
- for a friend or someone you care for.

What happens when you call?

- You ring 1800 633 422. The call is free.
- A nurse answers. They are trained medical professionals.
- They ask what's going on. They listen.
- They tell you what to do next — like rest at home, see a doctor, go to a clinic, or get to a hospital.
- What you say stays private. The nurse won't share your story. They're trained to listen with care.

1800 *medicare*

 **1800 633 422**



Australian Government

Other ways to use 1800MEDICARE

The website

Go to [medicare.gov.au/1800](https://www.medicare.gov.au/1800)

You can:

- call 1800MEDICARE (from your mobile)
- check your symptoms
- find a clinic near you
- look up info about your medicine

The app

Get the **1800MEDICARE app** on your phone or tablet. It's fast, easy and safe. With the app you can:

- see your health info from My Health Record
- see your prescriptions
- call the nurse line with one tap

For help setting up the app, visit [digitalhealth.gov.au/1800MEDICAREapp](https://www.digitalhealth.gov.au/1800MEDICAREapp)

THE PHONE LINE. THE WEBSITE. THE APP. ALL FREE.

It's one more thing to help

1800MEDICARE doesn't take the place of your doctor, your clinic, your Aboriginal Health Worker, your Elders, or your family. It sits alongside them, and is one more way to get help when you need it.

Ask **1800** *medicare*



1800 633 422



or connect via the app



For more information visit

www.medicare.gov.au/1800

In an emergency, always call Triple Zero (000) or go straight to the closest emergency department.